

Terminology

Hyung	Form
Kibon Hyung Il Jol	Basic Form 1
Kibon Hyung Yi Jol	Basic Form 2
Kibon Hyung Sam Jol	Basic Form 3
Kibon Hyung Sah Jol	Basic Form 4
Kibon Hyung Oh Jol	Basic Form 5
Jang Bong Hyung Il Jol	Staff Form 1
Jang Bong Hyung Yi Jol	Staff Form 2
Jang Bong Hyung Sam Jol	Staff Form 3
Pyung Ahn Cho Dan	Safe Defense (Peace) 1
Pyung Ahn Yi Dan	Safe Defense (Peace) 2
Pyung Ahn Sam Dan	Safe Defense (Peace) 3
Palgwe Il Jang	Providence 1
Palgwe Yi Jang	Providence 2
Palgwe Sam Jang	Providence 3
Palgwe Sah Jang	Providence 4
Palgwe Oh Jang	Providence 5
Palgwe Yuk Jang	Providence 6
Palgwe Chil Jang	Providence 7
Palgwe Pal Jang	Providence 8
Koryo	Ancient Korean Dynasty
Sypsoo	Ten Hands
Dan Kwon	Short Fist
Tae Baek	High Mountain Range
Doju San	Escaping Mist
Bal Sek Sae	Smashing Fortress
Jee Te	Stomping the Earth
Nohai	Flock of Cranes
Jang Kwon	Long Fist
Chulgi Cho Dan	Iron Horseman One
Ahm Hak	Crane on Rock
Chulgi Yi Dan	Iron Horseman Two

Names for Grandmaster Kim Soo only

Do Sa Nim	Supreme Master of the style
No Sa Nim	Old Expert
Kwan Jang Nim	Director of the system

Gho Sa Nim	Chayon-Ryu Master Instructor
Sa Bom Nim	3rd or 4th Degree Black Belt Instructor
Kyo Sa Nim	1st or 2nd Degree Black Belt Instructor
Jo Kyo Nim	Assistant Instructor holding a rank of blue, purple, or brown belt

Aikido	The Way of Harmony
Chayon-Ryu	“The Natural Way” system of Martial Arts
Chayon Mu Do	Natural Way Martial Arts
Chu’an Fa	Chinese martial arts
Do (Korean)	Way
Ryu (Okinawan)	Way
In (Korean)	Patience
Nin (Japanese)	Patience
Nam	Enlightment
Dobok	Martial arts uniform
Dojang	Martial Arts Training Hall
Hun	Oath
Ke	Toward
Kuk Gi A, Dae Hayo	Face the National Flag

Chaki	Kick
Ap Chaki	Front Kick
Doul Ryo Chaki	Roundhouse Kick
Yop Chaki	Side Kick
Dui Chaki	Back Kick
Ban Dal Chaki	Crescent Kick

Cha Ryot	Attention
Gyung Yae	Bow (Salute)
Jun Bee	Ready
Shee Jak	Begin
Go Mahn	On Guard
Shee Yo	Relax

Sae	Stance
Jeun Kul Sae	Climbing Stance
Hu Kul Sae	Back Stance
Myo Bo Sae	Cat Stance
Kima Sae	Horse-riding Stance

Maki	Block
Chung Dan Maki	Center Block
Ha Dan Maki	Down Block
Sang Dan Maki	Rising Block

Chiruki	Thrust punching
Jung Dan Chiruki	Center thrust punch
Sang Dan Chiruki	Upper thrust punch
Kwan Soo Chiruki	Spear-hand thrust stab
Sudo	Knifehand
Yuk Sudo Chiruki	Ridgehand strike

Hana	One	Ahope	Nine
Dool	Two	Yol	Ten
Set	Three	Yol Hana	Eleven
Net	Four	Sumul	Twenty
Dasut	Five	So Roon	Thirty
Yosut	Six	Ma Hun	Forty
Ilgop	Seven	Shyn	Fifty
Yodul	Eight		